

ULTRASOUND TEST PREP:

Nil per os or **NPO** is a medical instruction meaning to withhold oral food and fluids from a patient.
Nothing by Mouth (most literally, "nothing through the mouth").

Abdomen Complete: NPO 8 hrs prior.

ABDOMEN-LIMITED: SPECIFY PART ON RX (RUQ, LLQ, LIVER, ETC.) NPO 8 HRS PRIOR

ABI: No prep required. Patient may eat, drink, and take all medications.

ABDOMINAL AORTA: NPO 6-8 HRS PRIOR

ARTERIAL-UPPER EXTREMITIES: No prep required. Patient may eat, drink, and take all medications.

ARTERIAL- LOWER EXTREMITIES: No prep required. Patient may eat, drink, and take all medications.

BLADDER: DRINK 24-32oz WATER 1 HR PRIOR (ARRIVE WITH FULL BLADDER).

BREAST: No prep required. Patient may eat, drink, and take all medications.

CAROTIDS: No prep required. Patient may eat, drink, and take all medications.

ECHOCARDIOGRAMS: No prep required. Patient may eat, drink, and take all medications.

MESENTERIC ARTERIAL: NPO 8 HRS PRIOR.

PORTAL VEIN (LIVER DOPPLER): No prep required. Patient may eat, drink, and take all medications.

PELVIC COMPLETE (NON-OB): FULL BLADDER DRINK 24-32 OZ 1HR PRIOR AND HOLD.

PELVIC OB: FULL BLADDER-DRINK 24oz OF WATER 1HR PRIOR AND HOLD.

PELVIC LIMITED: FULL BLADDER – DRINK 24-32 OZ OF WATER 1 HR PRIOR AND HOLD.

RENAL/KIDNEY: No prep required. Patient may eat, drink, and take all medications.

RENAL ARTERIAL: NPO 8 HRS PRIOR.

RETROPERITONEAL: NPO 7 HRS PRIOR, DRINK 24-32oz OF WATER 1 HOUR PRIOR AND HOLD.

SCROTUM: No prep required. Patient may eat, drink, and take all medications.

THYROID: No prep required. Patient may eat, drink, and take all medications.

TRANSVAGINAL: No prep required. Patient may eat, drink, and take all medications.

VENOUS EXTREMITIES: No prep required. Patient may eat, drink, and take all medications.

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